

HOW TO TEST AND USE YOUR LIFEWATCH SYSTEM:

- 1** Press your pendant or wristband button once (please use your personal help button, not the button located on the base unit).
- 2** There will be a series of beeps, you may hear a dialing sound, and lastly the unit will go silent.
- 3** In approximately 30 to 60 seconds an operator will come on and say "You have reached the Care Center. Are you ok?"
- 4** Simply tell them you are testing or tell them what you need if there is an emergency.

* If we do not hear a response from you we will immediately call your home phone. If we still are not able to get a hold of you, we will dispatch EMS and call your responders to notify them, unless otherwise specified on your account.

* We also offer daily check-ins, medication reminders, Medi-Lok lockbox, portable medical recording devices, smoke detectors, carbon monoxide detectors, speaker pendants, medication monitoring, telehealth, mobile help with gps.

**Call 1-800-716-1433 for more information on these services
or go to www.lifewatch-usa.com**

Thank you for choosing Lifewatch.

**If you have any questions or concerns
please contact the office at: 1-800-716-1433
Monday thru Friday from 9am until 6pm**

Please test your system once a month (you do not need to call us before doing so).

(Please refer to our "QUICK SET-UP GUIDE" on other side of this page.)